

Care Partner Cue Cards

Care Partner Cue Cards use simple picture prompts to improve communication, express feelings and emotions, reduce anxiety and enhance understanding for people with memory and cognitive challenges due to dementia. Care Partner Cue Cards provide essential visual picture cues that improve communication, promote independence and reduce anxiety for adults with memory and cognitive challenges who live at home or in dementia care settings.

Caring for people with dementia becomes easier when they understand what you are expecting of them. This easy-to-use, compact set of cards includes simple black and white illustrations that prompt your loved one to understand and participate more independently in self-care and social activities. Cards are two to a page and can be removed from the cover, cut in half and posted in locations to prompt the person living with dementia to complete tasks or to provide cues in order to maintain their independence.

The deck includes picture cues covering:

- Basic Activities of Daily Living
- Instrumental Activities of Daily Living
- Activities and Places
- Emotions and Feelings





Basic Activities of Daily Living

These are the skills needed to manage our basic physical needs. For example: personal hygiene or grooming, dressing, toileting, moving around and eating.



Instrumental Activities of Daily Living

Instrumental activities of daily living (IADLs) are things you do every day to take care of yourself and your home. For example: using the telephone, planning, heating or serving meals, housekeeping, managing your medications and money.



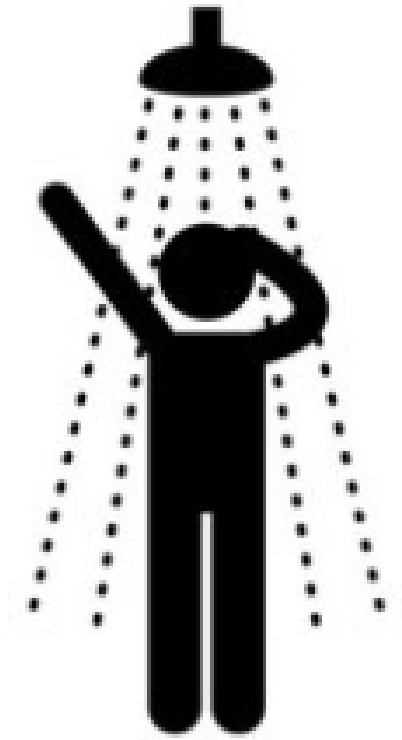
Activities and Places

These are familiar hobbies or things that you may enjoy participating in such as dancing, music, playing cards, reading or doing some exercises. Places that were chosen are ones that we tend to frequent such as shopping locations, the bank, church, visiting family or friends.



Emotions and Feelings

At times we all have difficulty expressing ourselves so these pictures will assist the person living with dementia to express how they are feeling. They include descriptions of being happy, sad, tired, hot or cold.



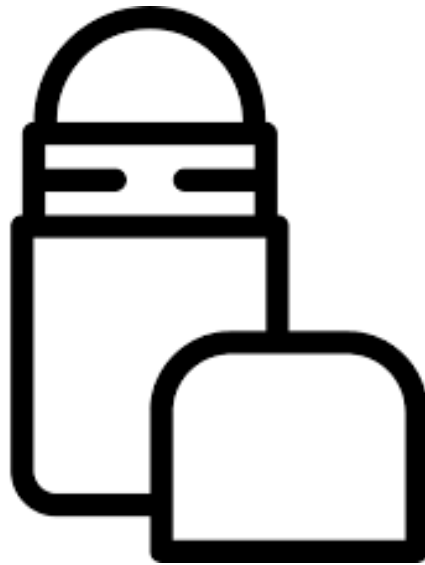
SHOWER



BATH



TOWEL



DEODARANT



BATHROOM



TOILET



USE SOAP



WASH HANDS



GOOD NIGHT



GOOD MORNING



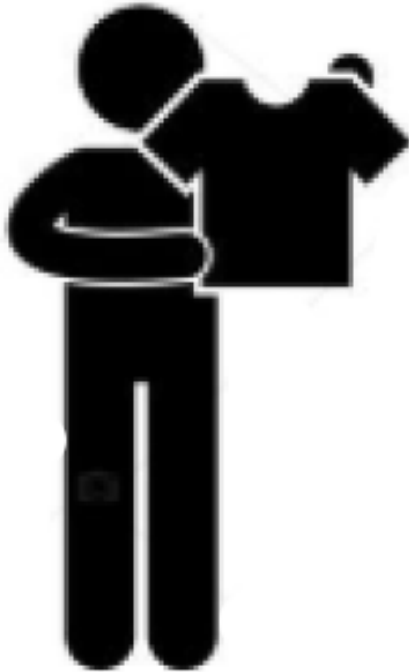
UNDERWEAR



PANTS



SOCKS



SHIRT



COMB HAIR



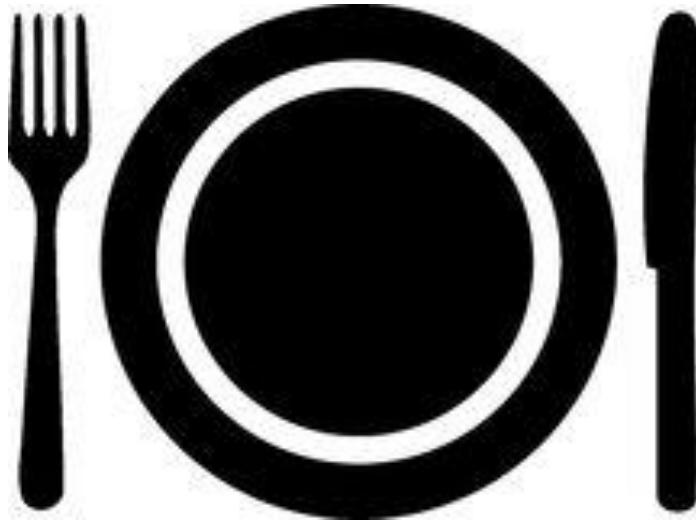
SHAVE



BRUSH TEETH



HEARING AID



HUNGRY



MEAL TIME



KNIFE



FORK



SPOON



COLD DRINK



HOT DRINK



GET UP FROM THE CHAIR



GET YOUR WALKER



GET YOUR CANE



UPSTAIR



DOWNSTAIR



TELEPHONE



EMERGENCY- CALL 911



COOKING



WASHING DISHES



LAUNDRY



HOUSE CLEANING



TAKE MEDICATIONS



WALLET/MONEY



DANCING



SINGING/MUSIC



WATCH TV



EXERCISE



CARDS



READING



GARDENING



ARTS & CRAFTS



BOWLING



WALK



CHURCH



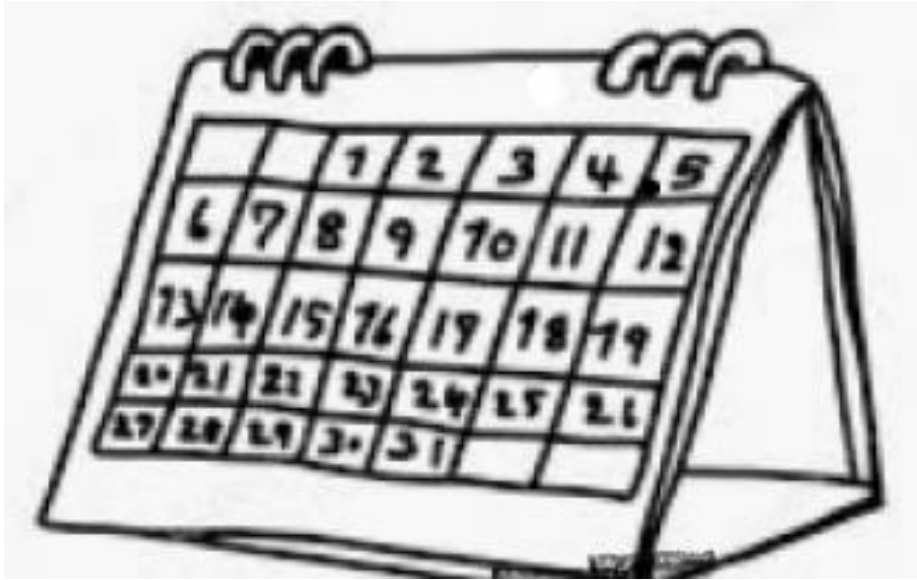
SENIORS CENTRE



SHOPPING



BANK



APPOINTMENT



VISIT FAMILY AND FRIENDS



GO FOR A DRIVE



SEATBELT



HAPPY



SAD



BORED



UNSURE



ANGRY



SICK



TIRED



TOO NOISY



COLD



HOT



YES



NO